

NIRMALA COLLEGE OF PHARMACY



NIRMALA COLLEGE OF PHARMACY MUVATTUPUZHA

Muvattupuzha P.O., Ernakulam Dist., Kerala - 686661

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FIRST CYCLE NAAC ACCREDITATION 2023

CRITERION 7



INSTITUTIONAL VALUES AND BEST PRACTICES

7.1.4 Describe the Institutional efforts/initiatives in providing an inclusive environment i.e., tolerance and harmony towards cultural, regional, linguistic, communal socioeconomic diversity and Sensitization of students and employees to the constitutional obligations: values, rights, duties and responsibilities of citizens

Submitted to



THE NATIONAL ASSESSMENT AND ACCREDITATION COUNCIL

Academic year 2022-2023

SI NO	TITLE OF EVENT	PROGRAM CATEGORY	OUTCOME OF EVENT	DATE
1	Narcotics control bureau e-pledge	Constitutional obligations	As part of NASHA MUKTH ABHIYAN by narcotics control bureau, an e-pledge was taken by students against drug abuse and thereby strive towards excellence in all spheres of individual and collective activity so that the nation constantly rises to higher levels of endeavour and achievement.	27/7/2022
2	Onam celebration	Cultural harmonization	Festivals are important part of Indian culture. The celebration reminded our origins, values, and brought persons closer	2/9/2022
3	We care Program	Constitutional obligations	Students raised fund for patients with kidney, heart and other complicated disease. The program helped the students to realize their roles and responsibility in the society	24/09/2022 to 02/10/2022,
4	Campaign against narcotic drug abuse: Public awareness program	Duties and responsibilities of Indian health care profession.	The program helped to raise public awareness against drug abuse which is one of the critical social issues from last three decades In India	13/10/2022



5	Diabetic day	Duties and responsibilities of Indian health care profession	The program provided awareness on Diabetes mellitus, its social impact, complications, preventive measures and treatments	16/11/2022
6	AIDS day	Duties and responsibilities of Indian health care profession	The program provided awareness to the students on, HIV prevention, safe practices and the rights of HIV patients and enabled them to educate the society and thus helps to prevent discrimination and provide proper patient care	01/12/2022
7	Christmas celebration	Communal harmonization	Students and staff of different religious background enthusiastically participated. The bonds of communal harmony are reinforced by the celebration	23/12/2022
8	World water day	Constitutional obligations	The program helped to create an awareness on the necessity to protect and improve the natural environment including forests, lakes, rivers and wild life and also helped to inculcate compassion among students towards society	22/3/2023
9	World tuberculosis day	Constitutional obligations	The program aimed to enrich the knowledge of TB among students. It is the social responsibility of budding clinical pharmacists to upgrade themselves and strive towards excellence; thus,	24/3/2023



			contribute effectively to nation's healthcare system	
10	World no tobacco day	Constitutional obligations	Reports indicated that 16 of Indian youth uses drugs at least once a week in 2021 and it was found to raise to 23% in 2022. The present program helped to raise awareness against drug abuse among the students	30/5/2023
11	World environmental day	Constitutional obligations	The program helped to create an awareness on the necessity to protect and improve the natural environment including forests, lakes, rivers and wild life and also helped to inculcate compassion among students towards society	5/6/2023



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NARCOTIC CONTROL BUREAU E-PLEDGE

Nirmala college of pharmacy,

Muvattupuzha (MP020-1)Unit No. :

NSS/SFU/ERK/KUHS/1

(Id: C-11727)

Name of the Institution : Nirmala College of Pharmacy, Ernakulam
Name of the Programme Officer : Dr. Prasanth Francis

GOVERNMENT OF KERALA (ഭാരത സർക്കാരിൽ)

NATIONAL SERVICE SCHEME
OFFICE OF THE NSS STATE OFFICER
STATE LEVEL NSS CELL
Fourth Floor, Vides Bhawan, Tiruvananthapuram - 695033

സംസ്ഥാന സർവ്വീസ് സെൽ
സംസ്ഥാന ഓഫീസറുടെ കാര്യാലയം
എച്ച് ബിജി ഏരിയ ഏറ് എസ് ബിജി
നാലാം നില, വിദേശ ഭവൻ, തിരുവനന്തപുരം 695033

Dr. ANZER R N
NSS STATE OFFICER

Email: kerala.nss@nssnail.com,
Phone: 0473-238687, 9447304366

No.A1/658/21/എസ്.എസ്.എസ്. തീയതി : 27/07/2022

സർക്കുലേഷൻ

എല്ലാ എസ് എസ് എസ് പ്രോഗ്രാം കോ-ഓർഡിനേറ്റർമാർക്കും

സർ,

വിഷയം- സംസ്ഥാന എസ്.എസ്.എസ് ഓഫീസ് അഭിവൃദ്ധിപരമായ -
ഡവലപ്മെന്റിനുള്ള ഇ - പ്ലഗ്മിൻ - സംബന്ധിച്ച്

സൂചന- നാർക്കോട്ടിക്സ് കൺട്രോൾ ബ്യൂറോയിൽ നിന്നുള്ള 27/07/2022-09
തീയതിയിലെ NCB F No. 48/Drug Day/CDU കത്ത്

നാഷണൽ ഓഫ് അഭിവൃദ്ധി ഓഗനൈസേഷൻ ഡവലപ്മെന്റിനുള്ള ഇ - പ്ലഗ്മിൻ
സംരക്ഷണത്തിനായി തയ്യാറാക്കിയ കത്ത് സൂചന കത്ത് അനന്തര
നവീകരണമായി ഇതോടൊപ്പം ഉള്ളടക്കം ചേർക്കുന്നു.

വിശദീകരണങ്ങൾ

സംസ്ഥാന എസ്.എസ്.എസ് ഓഫീസർ

Circular from KUHS

Action took

As part of NASHA MUKTH ABHIYAN by narcotics control bureau, an e-pledge was taken by NSS unit students against drug abuse. Students of First year Bpharm and Pharm D actively participated and received certificates.



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Total no of volunteer participants- 50
Screenshot



Program outcome

As part of NASHA MUKTH ABHIYAN by narcotics control bureau, an e-pledge was taken by students against drug abuse and thereby strive towards excellence in all spheres of individual and collective activity so that the nation constantly rises to higher levels of endeavour and achievement



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ONAM CELEBRATION

– Theithaka 22

Date & Time: 2-09-2022 , 09.30 am to 5.00 pm

Venue: Auditorium

Hosted by: Extracurricular committee in association with 2nd Pharm. D and 3rd sem B. Pharm

Audience: All staff and students

Welcome address: Ms. Naya Noby, 3rd sem B. Pharm

Presidential address: Rev. Fr. Jose Pullopillil, Administrator

Inauguration: Rev. Fr. Francis Kolothu, HOD, Malayalam Dept., Nirmala college

Felicitations: Prof. Dr. Badmanaban R., Principal

Ms. Pooja Shajan, 7th sem. B. Pharm, UUC

Vote of thanks: Ms. Sneha Susan Samuel, 2nd Pharm. D

Events: Cultural programs, Competitions, Games, Maveli, Onasadhya & Chendamelam

You tube link: <https://youtu.be/GfbT7qedISA>

https://youtu.be/W_NQeL21ArA

<https://youtu.be/bu4H5T6YU0k>

<https://youtu.be/Kd5DprAFyqE> , <https://youtu.be/EYVRC0sFYI0>



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Theithaka 22



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Inaugural address



Lighting Bhadradeepam



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Pookalam



Onapattu



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“WE CARE” PROGRAM

Nirmala college of pharmacy,

Muvattupuzha (MP020-1)Unit No. :

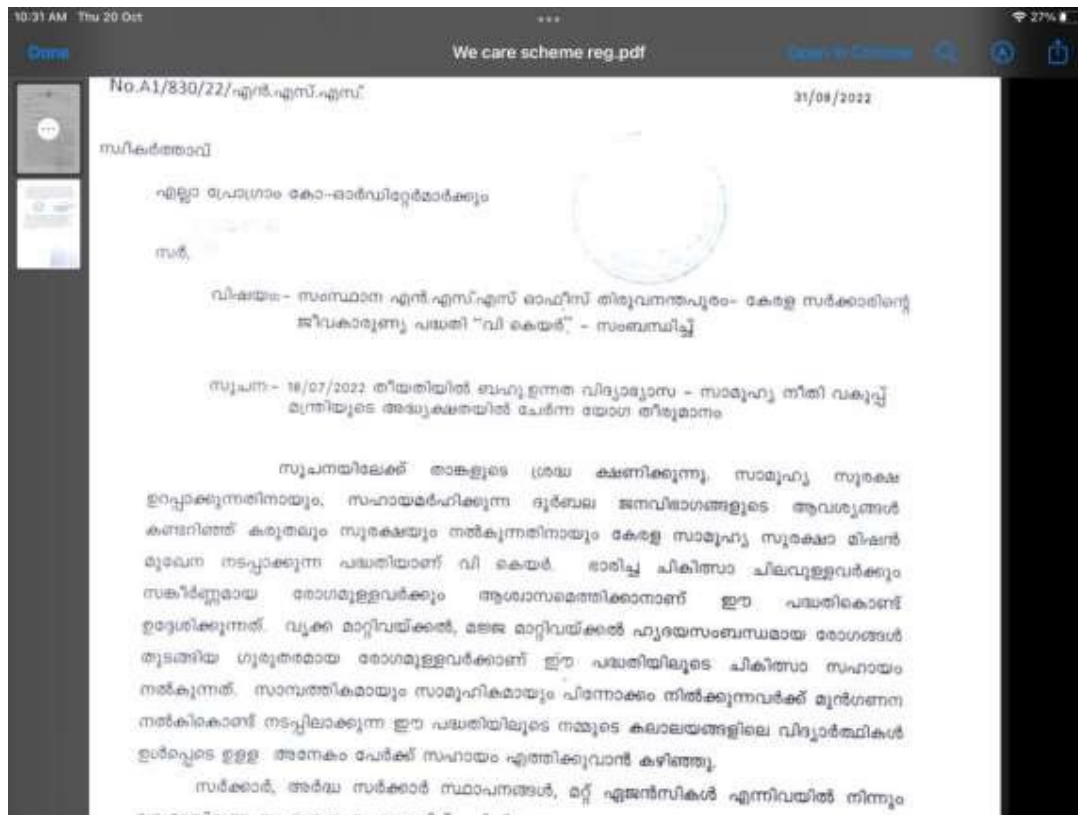
NSS/SFU/ERK/KUHS/1

(Id: C-11727)

Name of the Institution : Nirmala College of Pharmacy, Ernakulam

Name of the Programme Officer : Dr. Prasanth Francis

Total no of volunteer participants- 50



Circular from KUHS



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As part of NSS activity week from 24/09/2022 to 02/10/2022, a fund raising program “we care” was initiated by NSS unit. This program is a Govt of kerala initiative to help patients with kidney, heart and other complicated disease. Students from all classes participated on the program. A total of rs 2220/ was collected and transferred through NEFT (Transaction id: CSBKN22280018606 dated 07/10/22).



Donation box

Program outcome

Students raised fund for patients with kidney, heart and other complicated disease. The program helped the students to realize their roles and responsibility in the society



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Diabetes Day 2022

Date & Time: 16-11-2022 , 12.00 Noon

Venue: Public places

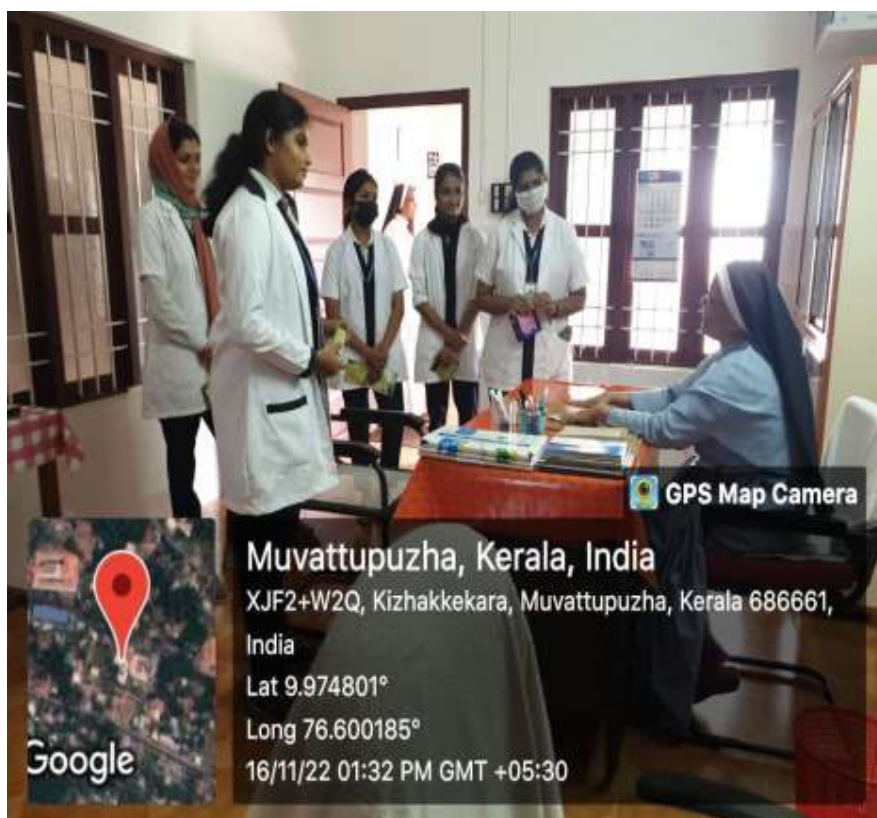
Hosted by: Second Semester B. Pharm & Co-Curricular committee

Audience: Public

Welcome address: Prof. Dr. Badmanabhan. R, Principal

Felicitations: Prof. Dr. Deepa Jose, Vice principal

Events: Pamphlet release,
Awareness classes about diabetes in public places & nearby
institutions in Muvattupuzha with pamphlets.



At Nirmala school Muvattupuzha



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At Nirmala school Muvattupuzha

Program outcome

The program provided **awareness** on Diabetes mellitus, its social impact, complications, preventive measures and treatments



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Campaign against narcotic drug abuse: Public awareness program”World eye sight day

Nirmala college of pharmacy,

Muvattupuzha (MP020-1)Unit No. :

NSS/SFU/ERK/KUHS/1

(Id: C-11727)

Name of the Institution : Nirmala College of Pharmacy, Ernakulam
Name of the Programme Officer : Dr. Prasanth Francis

Action took

As part of world eye sight day on 13/10/2022, NSS unit of Nirmala college of pharmacy, Muvattupuzha in association with Ahalia Foundation eye Hospital conducted a public awareness program against drug abuse at Kacherithazham bus stand, Muvattupuzha.

Students from Second semester Bpharm conducted a Mime on the same theme and students of First Pharm D performed a flash mob. Principal, Vice principal of Nirmala college of pharmacy and PRO of Ahalia eye foundation gave classes on the drug abuse. 35 students from organisation participated in the events. Public were benefited by the campaign.

Total no of volunteer participants- 35



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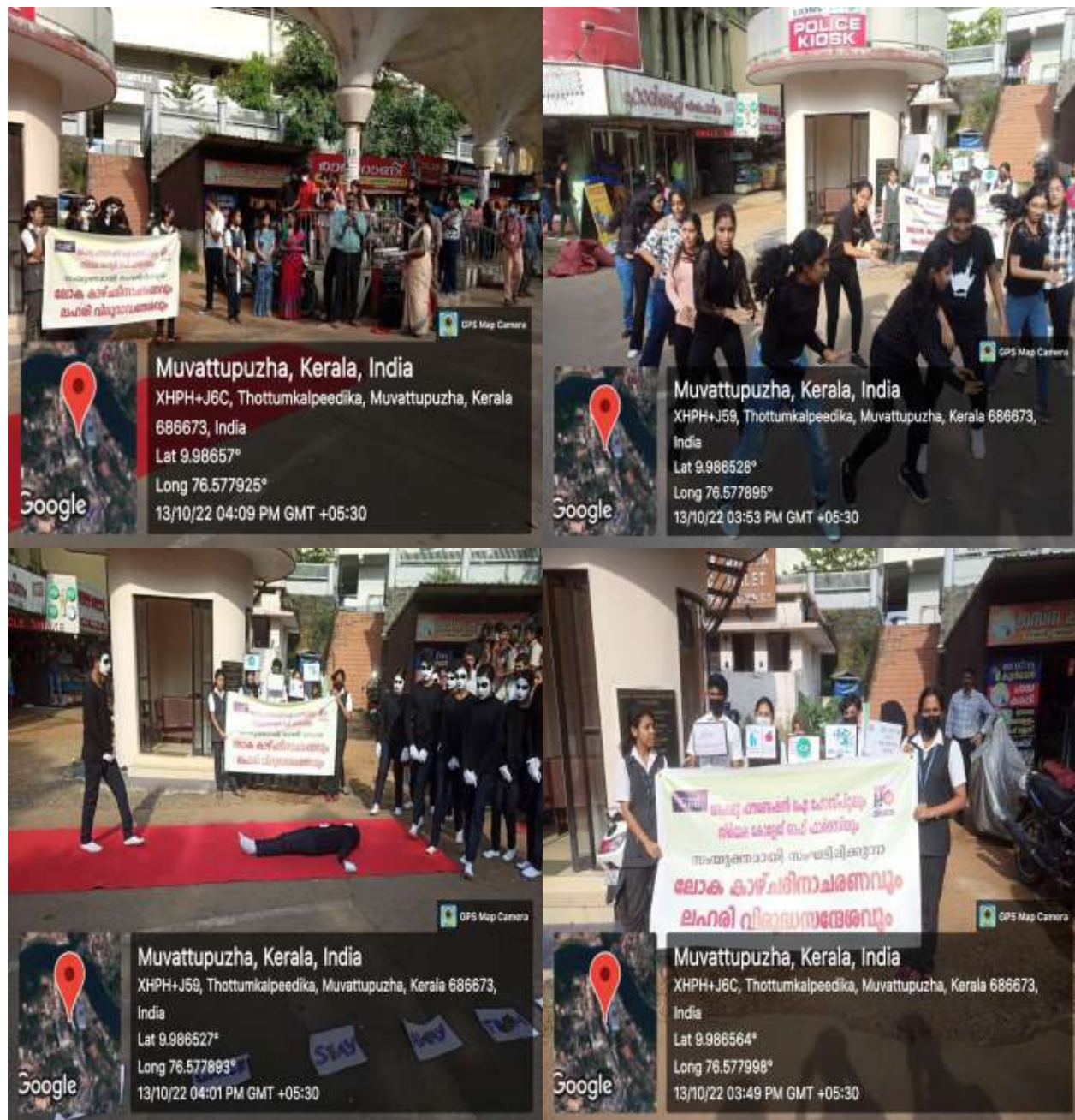


Public awareness against drug abuse



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Public awareness against drug abuse

Program outcome

The program helped to provide awareness against drug abuse

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WORLD AIDS DAY

Date & Time : 01/12/2022 , 1.00 PM

Venue : Infront of college

Hosted by : 4th year Pharm D

Events : Mime by 4th Pharm D students Quiz

Fourth year Pharm D students in association with co-curricular committee organized a mime in front of college on World AIDS day. The mime followed by a quiz on Thursday at 1

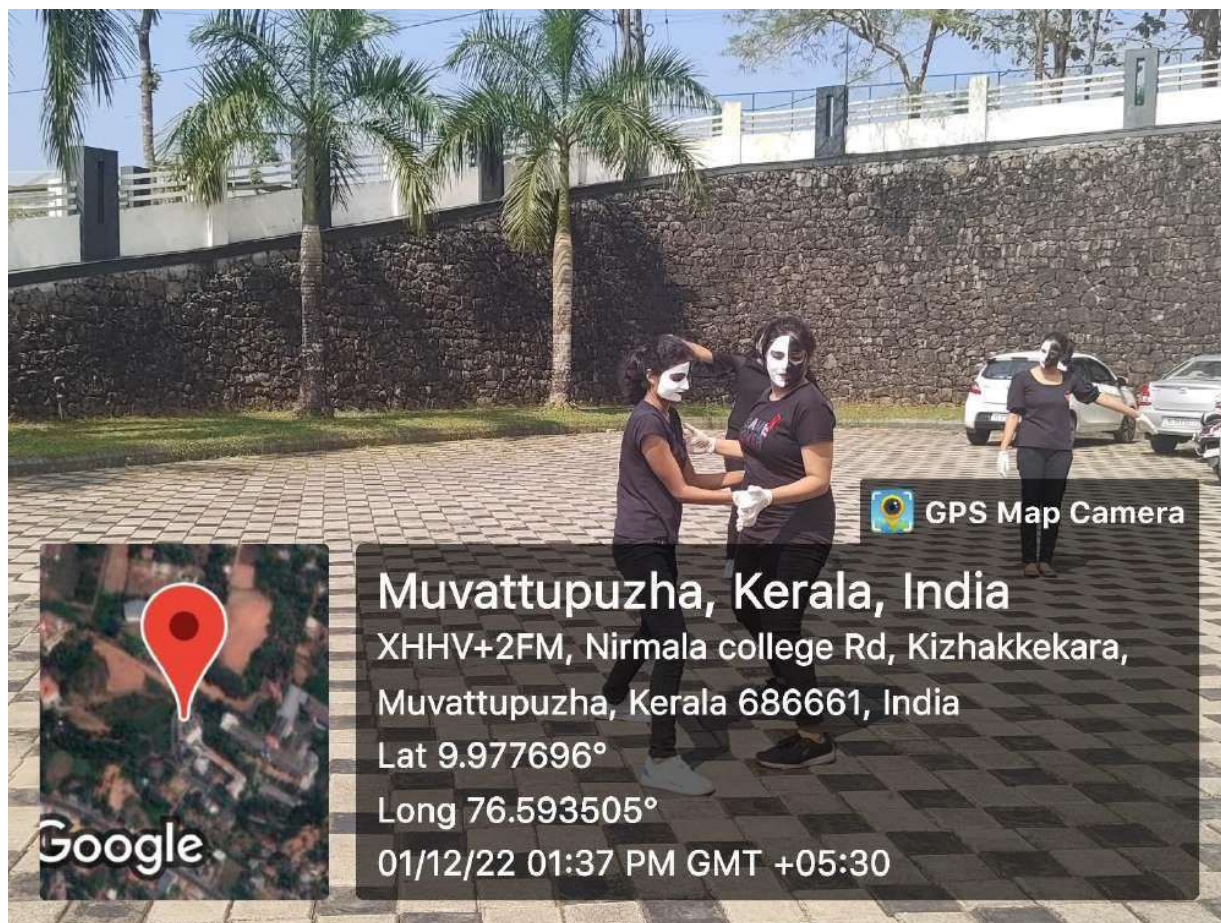


Mime



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Mime

Program outcome

The program provided awareness to the students on, HIV prevention, safe practices and the rights of HIV patients and enabled them to **educate the society** and thus helps to prevent discrimination and provide proper patient care



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SANTALUNIA 2K22

Date & Time: 23rd December 2022, 9 AM to 3 PM

Venue: Auditorium

Hosted by: 5th semester BPharm & 4th Year Pharm D

Audience: Whole College

Welcome address: Prof. Dr. Badmanaban R, Principal, NCP

Inaugural Address: Rev. Fr. Jose Pullopillil, Administrator, NCP

Christmas message: Rev. Msgr. Francis Keerampara, Vicar General of Diocese
Kothamangalam

Vote of Thanks: Prof. Dr. Deepa Jose, Vice Principal, NCP

Events: Santa Competition, Dance, Oru adaar family

You tube link:

<https://youtu.be/CN8L9ajGxY8>

<https://youtu.be/o4BTlmuqpuQ>

<https://youtu.be/cCsIX1YMMQY>

SANTALUNIA 2K22

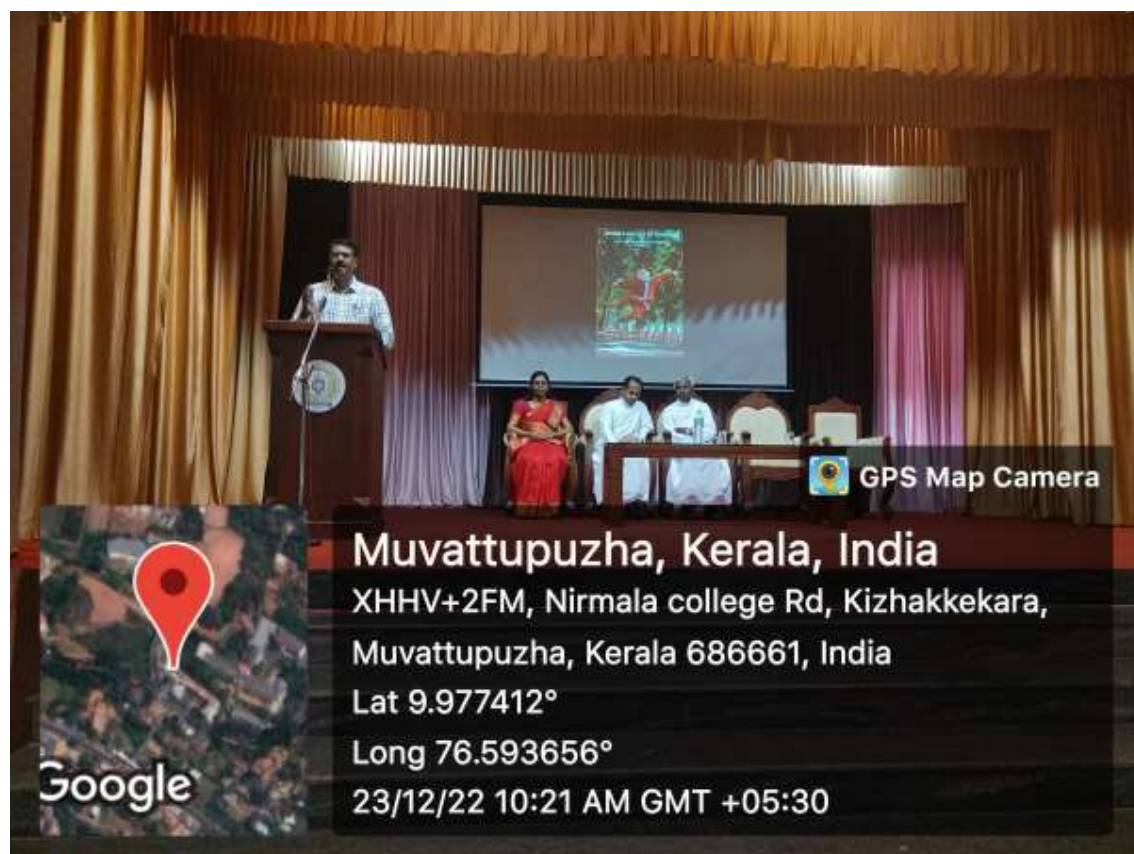
Christmas celebration started from Dec 1st with the concept of an ADVENT TREE, where certain tasks were given, and it continued till Dec 23rd. On 22nd December, a treasure hunt competition "VETTAH" was conducted followed by a flashmob and Name Revealing Ceremony. Thus SANTALUNIA 2K22 begins.....

The official program was held on 23rd December 2022 at college auditorium. Event started at 9:00 am with a carol song competition, followed by general meeting with entertainment programs and competitions in between. Competitions included Santa Competition, Best Family Competition "ORU ADAAR FAMILY". The official program came to an end at 1:00 pm and the audience dispersed for lunch. This was followed by a DJ program by NEON FUTURE. The whole programme came to an end by 3:00 pm.



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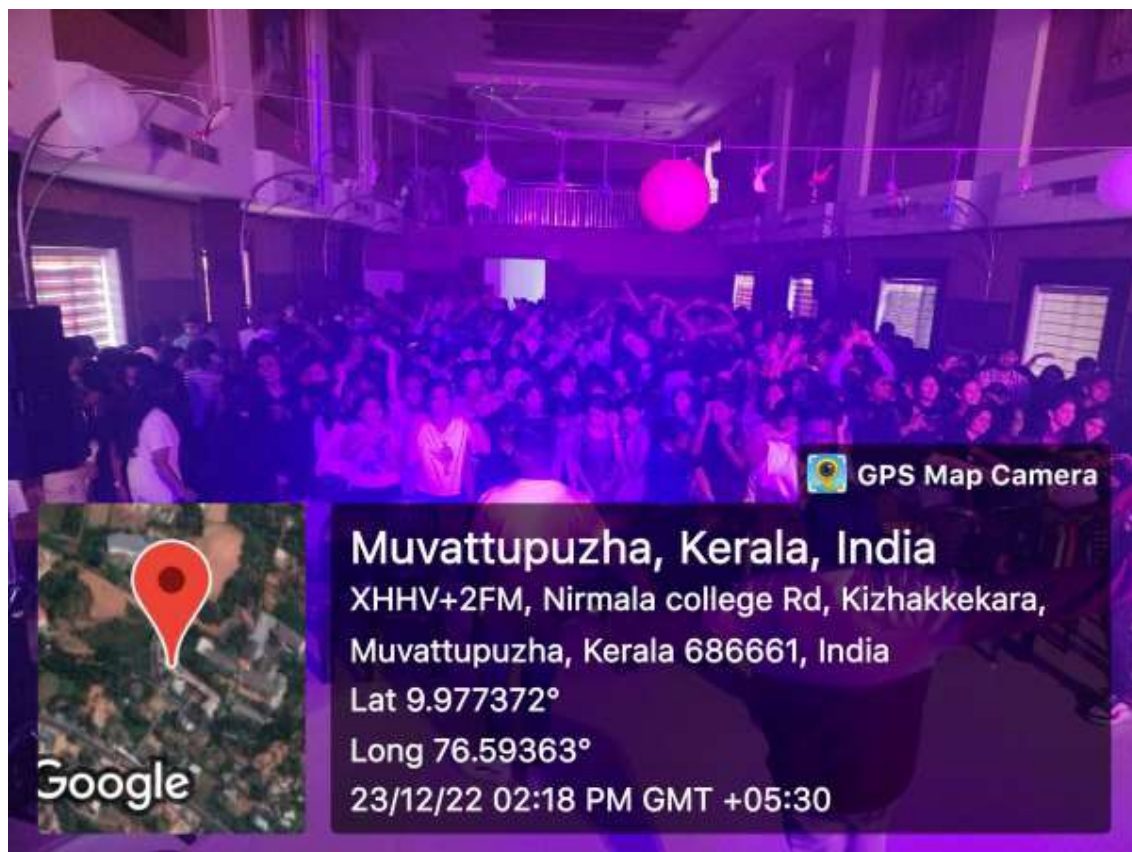


Inaugural address



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Cultural events

Program outcome

Students and staffs of different religious background enthusiastically participated. It provides a platform to build and maintain a broad network among students irrespective of religion and race.



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WORLD WATER DAY----

Date & Time: 22.03.2023, 9AM TO 10:30 AM

Venue: OUTREACH PROGRAM

Hosted by: Nature Club

Staff Coordinators: Mrs. Nancy Jose, Dr. Dona Maria Jetto

Student Coordinators: Ayona Elizabeth, Anas Muhammed Azad

The Nature club members of Nirmala College of Pharmacy along with Second Year Pharm D and Third year Pharm D students went for an outreach program in nearby homes of Avoli Panchayath. Total of 25 students participated.



Newspaper cutting



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Distribution of leaflets on water conservation methods.

Students visited 30 homes and distributed leaflets highlighting water conservation methods. Students addressed the importance of conserving water and explained the various methods that can be adopted.

DISPLAY OF CHARTS

Students visited 30 homes and distributed leaflets highlighting water conservation methods. Students addressed the importance of conserving water and explained the various methods that can be adopted.

DISPLAY OF CHARTS



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In addition,as part of water day,the students also displayed charts .The charts were prepared by students of sixth semester and third semester B.pharm and fourth and second year Pharm D.



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Awareness message



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Program outcome

The program helped to create an **awareness on the necessity to protect and improve the natural environment** including forests, lakes, rivers and wild life and also helped to inculcate compassion among studentstowards society



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WORLD TUBERCULOSIS DAY CELEBRATION

Date & Time: 24/03/2023, 03.00 pm

Venue: College Auditorium

Hosted by: First Semester B. Pharm & Co-Curricular committee


Audience: First Semester B. Pharm students

Welcome address: Ms. Annet, First Semester B. Pharm student

Felicitations: Rev. Fr. Jose Pulloppillil

Events: Skit

Awareness class- Ms. Camila A Carlman and Ms. Aneeta Jeeson

 **Nirmala College Of Pharmacy, Muvattupuzha.**

**WORLD
TUBERCULOSIS
DAY** –24 MARCH

Organized by Co-curricular Committee
First Semester B-pharm
ISPOR

Student Coordinators:
Josepaul Jibi
Joel P Jose
Jesvia Maria Johnson
Ashmi Jalal

Date: 24 March 2023
Venue: College Auditorium
Time : 3:00

"YES ! WE CAN END TB"

Broacher



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Awareness among Students :

A TB awareness program was organized by the first year B.Pharm students with co-curricular committee on 24/03/2023. The programme aimed to enrich the knowledge of TB among students. The main theme of the programme was:-

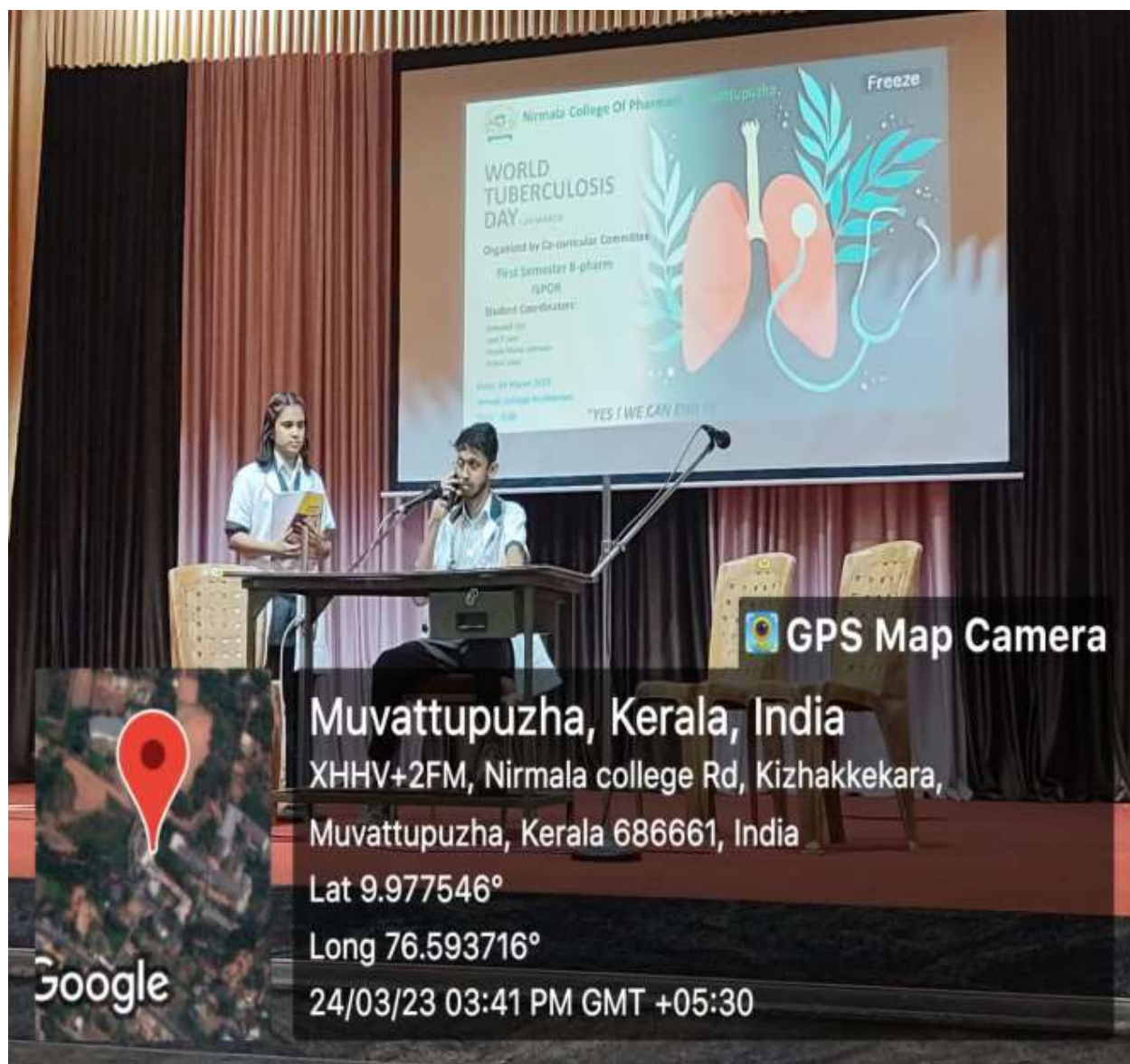
- What is TB?
- What is the cause of TB?
- What are the symptoms?
- How it is transmitted?
- What are the preventive measures?
- Where to go for diagnosing and treatment?
- Is TB treatment free?
- Is TB curable?
- Is TB hereditary?
- Who are at risk?

The programme began with prayer and welcome address given by Ms. Annet followed felicitation by Rev. Fr. Jose Pulloppillil and brief dialogue on TB. First year B. Pharm students performed a skit on TB and then, fifth year pharm D students given an awareness session. After completing all the formal events, Principal Prof. Dr. Badmanaban appreciated the students for their performance. It was very interesting and the program wind up with the vote of thanks by Ms. Hiba Fathima



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Theme based skit



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Awareness program

Program outcome

The program aimed to enrich the knowledge of TB among students. It is the social responsibility of budding clinical pharmacists to **upgrade themselves and strive towards excellence; thus, contribute effectively to nation's healthcare system**



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WORLD NO TOBACCO DAY

MAY 30 th 2023

As part of 'World No Tobacco day,' SSGP and Co-Curricular committee of Nirmala College of Pharmacy organized an awareness talk by **Dr.Mopuri Chaitanya Kumar Reddy, Consultant Surgical Oncologist, Smita Memorial Hospital, Thodupuzha**. The programme started at 3:15 pm in the auditorium. Principal Dr. Badmanaban R welcomed the gathering. Students of First, Second, Third year Pharm D and Third and Fifth semester B.Pharm participated in the programme. Doctor highlighted the association of increasing oral cancers with the use of tobacco. He also emphasized on the health hazards caused by use of tobacco. The students of fifth semester B.Pharm performed a skit. The program winded at 4:30 pm.



Inaugural address



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Awareness talk

Program outcome

Reports indicated that 16 of Indian youth uses drugs at least once a week in 2021 and it was found to raise to 23% in 2022. The present program helped to **raise awareness against drug abuse among the students**



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WORLD ENVIRONMENT DAY

As part of **World Environment Day** on 5th June 2023, Nature club and Media Club of Nirmala college of Pharmacy organized a clean the campus program which included cleaning the medicinal garden and college premises. Tree plantation was also organized. Medicinal plants were planted. Students of fifth semester Bpharm and first year pharm D participated.

 **Nirmala college of Pharmacy Muvattupuzha**

5 June 2023

WORLD ENVIRONMENT DAY

Sometimes we forget
just how much natural
systems support our
own well-being.

Programs

- Best from waste competition
- Campus Cleaning and tree
plantation
- medicinal garden make up

Nature club in association with media club

Broacher



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Cleaning the pond



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Cleaning the pond

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Planting medicinal plants

Program outcome

The program helped to create an **awareness on the necessity to protect and improve the natural environment** including forests, lakes, rivers and wild life and also helped to inculcate compassion among students towards society

