

NIRMALA COLLEGE OF PHARMACY



NIRMALA COLLEGE OF PHARMACY MUVATTUPUZHA

Muvattupuzha P.O., Ernakulam Dist., Kerala - 686661

Telephones: 0485 2836888, 0485 2830666

Email: nip_mvpa@yahoo.co.in Website: www.nirmalacp.org

FIRST CYCLE NAAC ACCREDITATION 2023

CRITERION 7



INSTITUTIONAL VALUES AND BEST PRACTICES

7.1.4 Describe the Institutional efforts/initiatives in providing an inclusive environment i.e., tolerance and harmony towards cultural, regional, linguistic, communal socioeconomic diversity and Sensitization of students and employees to the constitutional obligations: values, rights, duties and responsibilities of citizens

Submitted to



THE NATIONAL ASSESSMENT AND ACCREDITATION COUNCIL

Academic year 2020-2021

SI NO	TITLE OF EVENT	PROGRAM CATEGORY	OUTCOME OF EVENT	DATE
1	Web Onam Vibe 2K20	Regional, linguistic and socioeconomic harmonization	Online celebration is a great way to assure social connections especially in COVID pandemic. The program "Web Onam Vibe Onam 2K20" contributed effectively in building a harmony among students and with faculty in the pandemic period	25/08/2020
2	World heart day	Duties and responsibilities of Indian health care professional	According to the recent evidences, cardio-vascular diseases contributed to 28.1% of total deaths in India. Hence it is the social responsibility of Indian health care professional to educate their citizens about the disease. An awareness talk from Dr.Sandeep. R, MD,DM,DNB, consultantInterventional cardiologist Marsleeva Medicity, Pala was made available online for the awareness of public by this event.	29/09/2020
3	World Diabetes Day	Duties and responsibilities of Indian health care professional	The program upgraded the knowledge of budding clinical pharmacists on the role of medical nutritional therapy for type 2 Diabetes mellitus. Since diabetes is one of the prevalent diseases in Indian population it is the social responsibility of budding clinical pharmacists to upgrade themselves and strive towards excellence; thus, contribute effectively to nation's healthcare system	14/11/2020



4	World AIDS day	Duties and responsibilities of Indian health care professional	The program provided awareness to the students on, HIV prevention, safe practices and the rights of HIV patients and enabled them to educate the society and thus helps to prevent discriminations and provide proper patient care	01/12/2020
5	Christmas celebration-2020	Communal harmonization	Students and staffs of religious background enthusiastically participated. The bonds of communal harmony are reinforced by the celebration	25/12/2020
6	Pipe composting in houses of Avoly panchayath	Constitutional obligations	It is the prime responsibility of Indian citizen to protect and improve the natural environment. The prime created awareness and helped to build a culture of systematic disposal of biodegradable waste among the people of Avoly panchayat.	28/12/2020
7	World cancer day	Duties and responsibilities of Indian health care professional	The estimated number of incident cases of cancer in India for the year 2022 was found to be 14,61,427. Hence It is the social responsibility of a budding health care professional to upgrade themselves and provide right awareness to the public. The current program involved awareness talks from Dr. Chitrathara. K(Director, Gynec Oncology & Breast Cancer,VPS Lakeshore Hospital, kochi and Dr. Balamurali Krishna (Oncologist Surgeon, Radiation Oncologist, General) upgraded the student's knowledge and the talk was made available online for the awareness of public	04/02/2021



NIRMALA COLLEGE OF PHARMACY

Muvattupuzha P.O., Ernakulam Dist., Kerala-
Established in 2004, under Nirmala College
Society



Onam celebration –Web Onam Vibe Onam 2K20

Date : 25/08/2020

Venue: Online

Hosted by: II B.Pharm and II Pharm D

Audience: Teachers and All Students

Chief Guest: Adv.Dean Kuriakose MP

Felicitations: 1) Rev. Fr. Jos Mathai Mailadiath, Administrator

2) Dr. Badmanaban R, Principal

3) Dr. Deepa Jose, Vice Principal



ONLINE ONAM 2020 NCP MUVATTUPUZHA

1,444 views · 6 months ago



163



2



Share



Download



Save

Web Onam Vibe Onam 2K20

Events: Onam title Competition, Promo Video, Photography, Malayali Manga/Kerala Sreeman, Onam Songs (solo), Digital Painting, Drawing, Class wise onamwishing short video

Program outcome

Online celebration is a great way to assure social connections especially in COVID pandemic. The program “Web Onam Vibe Onam 2K20” contributed effectively in building a harmony among students and with faculty in the pandemic period.



NIRMALA COLLEGE OF PHARMACY

Muvattupuzha P.O., Ernakulam Dist., Kerala-
Established in 2004, under Nirmala College
Society



World Heart Day

Date & Time: 29/09/2020,

Venue: Online platform

Hosted by: IV Pharm.D students

Audience: All teachers and students

Felicitations: 1. Rev. Jos Mathai Mailadiath, Administrator

2. Dr Badmanaban R, Principal

2. Mr.Dhanish Joseph, Class In charge

Guest: An interview with a cardiologist-Dr.Sandeep. R,MD,DM,DNB, consultant Interventional cardiologist Marsleeva Medicity, Pala

Events: Article writing, Fitness challenge, still modeling, Healthy heart recipe, Theme presentation by students.



heart day 2020

384 views · 5 months ago



48



0



Share



Download



Save

World Heart Day

Program outcome

According to the recent evidences, cardio-vascular diseases contributed to 28.1% of total deaths in India. Hence it is the social responsibility of Indian health workers to educate their citizens about the disease. An awareness talk from Dr.Sandeep. R,MD,DM,DNB, consultant Interventional cardiologist Marsleeva Medicity, Pala was made available for the public by this event.

You tube link: <https://www.youtube.com/watch?v=Zi6apfhayY0>



NIRMALA COLLEGE OF PHARMACY

Muvattupuzha P.O., Ernakulam Dist., Kerala-
Established in 2004, under Nirmala College
Society



World Diabetes day

Date & Time: 14/11/2020

Venue: Online platform

Hosted by: V Pharm.D students in association with Caritas hospital & institute of healthSciences, Kottayam

Audience: All teachers and students

Felicitations: 1. Dr Badmanaban R, Principal

2. Prof.Dr.Shaji George, HOD, Dept.Of Pharmacy practice **Guest:** Mrs.Remya Joshy

(Clinical Nutritionist, Caritas Hospital, Kottayam)

Topic: Role of MedicalNutritional therapy for type 2 Diabetes Mellitus

Events: Diabetes awareness poster, Burpres challenge, Cultural programmes-Mime, Dance,song.



#World

Diabetes day 2k20 final

290 views · 3 months ago



37



0



Share



Download



Save



Nirmala College o...

589 subscribers

SUBSCRIBED



World Diabetes Day

Program outcome

The programme upgraded the knowledge of budding clinical pharmacists on the role of medicalnutritional therapy for type 2 Diabetes mellitus. Since diabetes is one of the prevalent disease in Indian population it is the social responsibility of budding clinical pharmacists to upgrade themselves and strive towards excellence; thus contribute effectively to nation's healthcare system



NIRMALA COLLEGE OF PHARMACY

Muvattupuzha P.O., Ernakulam Dist., Kerala-
Established in 2004, under Nirmala College
Society



World AIDS day

Date & Time: 01/12/2020,

Venue: Online platform

Hosted by: III semester B.Pharm students **Audience:** All teachers
and students **Felicitations:** 1. Dr Badmanaban R, Principal

Events: Vlog writing, E-poster, Awareness video by students



Aids Day 2020

84 views · 2 weeks ago



11



0



Share



Download



Save



Nirmala College o...
589 subscribers

SUBSCRIBED



World Aids day

Program outcome

The program provided awareness to the students on, HIV prevention, safe practices and the rights of HIV patients and enabled them to **educate the society** and thus helps to prevent discriminations and provide proper patient care



NIRMALA COLLEGE OF PHARMACY

Muvattupuzha P.O., Ernakulam Dist., Kerala-
Established in 2004, under Nirmala College
Society



CHRISTMAS CELEBRATION- Fab-Yule-Us 2020

Date & Time: December 25 2020

Venue: Online platform

Hosted by: Third Year B PHARM & PHARM D

Audience: All teachers and students

Felicitations: 1. Rev. Jos Mathai Mailadiyath, Administrator
2. Dr. Badmanaban R, Principal3.Dr.Deepa Jose,
Vice principal

Guests: MS Viswanath, Violinist, Guinness World Record Holder

Events: Achayan & Achayathi , Carol song video competition ,Cake bakingcontest ,Cribmaking loop video contest ,Christmas memory competition, Photography competition ,Treasure Hunt



Xmas celebrations Fab-Yule-Us 2020

Program outcome

Students and staffs of religious background enthusiastically participated. The bonds of communal harmony are reinforced by the celebration



NIRMALA COLLEGE OF PHARMACY

Muvattupuzha P.O., Ernakulam Dist., Kerala-
Established in 2004, under Nirmala College
Society



Pipe composting in houses of Avoly panchayath

Report

NSS unit of Nirmala College of pharmacy, have provided free pipe composts over twelve houses of Avoly Panchayat. The programme was inaugurated by the college Administrator Fr.Jos Mathai Mailadiath. The team members involved NSS coordinator Mr.Eby George, NSS unit members Mr. Bejoy Jose and Mr.Sebin Sebastian along with five selected male volunteers of NSS. The programme was aimed not only to implement free compost, but also to create awareness about the effective composting of biodegradable waste from houses mainly kitchen wastes. A minor survey was also conducted from the houses so as to visit the houses where pipe compost is instilled. This will ensure the proper maintenance of compost on another visit. Maintaining all covid prevention protocols, the volunteers also distributed a small notice providing the guideline to improve immunity against covid protocols.

Date: 28/12/2020

Venue: 11th ward of Avoly Panchayath

Time: 2-5pm

Organized by: NSS Unit, Nirmala college of Pharmacy, muvattupuzha

Total no of houses selected to instill pipe: 12

Total no of volunteers: 5

Staffs: 3

SL NO	VOLUNTEER	CLASS
1	Jobin Johnson	Fourth year B.pharm
2	Mohammad Siddique	Fourth year B.pharm
3	Amal Johnson	Fourth year B.pharm
4	Gheevarghese Devasia	Fourth year B.pharm
5	Dimal Jose	Fourth year B.pharm

What is Pipe/worm composting?

Pipe composting is a kind of vermin composting, often called Worm Tube Composting, carried out within a PVC tube, promoted by World Malayalee Council. This method of composting as a process of waste to wealth is big a success in states like Kerala, Karnataka. Find below a PDF for further reading. For the pipe composting method, we need three PVC pipes of 8 inch or 10 inch diameter and length of about 1.25 meters. The pipes are placed vertically, dug 25-30 cm into the ground. Initially, a small amount of cow dung and jaggery is put in with some mud. Later, only kitchen waste or wet waste is put into the pipe.





Pipe Composting in Avoly Panchayat



Program outcome

It is the prime responsibility of Indian citizen to protect and improve the natural environment. The program created awareness and helped to build a culture of systematic disposal of biodegradable waste among the people of Avoly panchayat.



World cancer day

Date & Time: 04/02/2021

Venue: Online platform

Hosted by: First year Pharm.D students

Audience: All teachers and students **Felicitations:**

1. Dr Badmanaban R, Principal
2. Dr. Deepa Jose, Vice Principal

Guest: 1) Dr. Chitrathara. K(Director, Gynec Oncology & Breast Cancer,VPSLakeshore Hospital, kochi.

2) Dr. Balamurali Krishna, Oncologist Surgeon, Radiation Oncologist,GeneralHospital, Ernakulam

Events: Awareness video & Skit by students



World cancer day

Program outcome

The estimated number of incident cases of cancer in India for the year 2022 was found to be 14,61,427. Hence It is the social responsibility of a budding health care professional to upgrade themselves and provide right awareness to the public. The current program involved awareness talks from Dr. Chitrathara. K(Director, Gynec Oncology & Breast Cancer,VPS Lakeshore Hospital, kochi and Dr. Balamurali Krishna (Oncologist Surgeon, Radiation Oncologist, General) upgraded the student's knowledge and the talk was made available online for the awareness of public

